



14th International
Scientific Conference
of Sport Kinetics 2018

“Movement in Human Life and Health”

CONFERENCE PROGRAM

Poreč, Croatia, 24th - 27th, June 2018



**14th International
Scientific Conference
of Sport Kinetics 2018**

“Movement in Human Life and Health”

CONFERENCE ORGANIZERS

Faculty of Kinesiology, University of Zagreb, Croatia
Faculty of Sport and Physical Education, University of Novi Sad, Serbia

UNDER THE SCIENTIFIC PATRONAGE OF:

International Association of Sport Kinetics (IASK)

PARTNERS:

Faculty of Education, University of J.J. Strossmayer, Osijek, Croatia
Fédération Internationale d'Éducation Physique (FIEP) Europe
Croatian Kinesiology Association

Sunday

June 24, 2018

Arrival: morning/early afternoon

13:00 to 16:45 Conference registration in Poreč, Zelena Laguna, Hotel Laguna Parentium****, conference desk

17.00 Conference Opening Ceremony – Hall A, Hotel Laguna Parentium****

17.30-19.00 Invited lectures

Moderators: Sanja Šalaj, Włodzimierz Starosta, Patrik Drid, Tomislav Krističević

| Time | Invited lecture – title and authors |
|-------|---|
| 17:30 | Can mechanical load from daily physical activity, sport and physical education induce the health of bones in youth? <i>Han C.G. Kemper</i> |
| 18:00 | Comparison of men and women in their responses to exercise and adaptations to training <i>James S. Skinner</i> |
| 18:30 | Exercise prescription and chronic diseases <i>Lana Ružić</i> |

19.00 Dinner (according to reservations of participants)

20.30 – 22:00 **Welcome cocktail / formal social event at terrace of Hotel Laguna Parentium******

Monday

June 25, 2018

Hall A, Congress Centar Hotel Laguna Parentium****

9:15-10:15 Invited lectures

Moderators: Han C.G. Kemper, James S. Skinner, Wiesław J. Osiński, Damir Knjaz

| Time | Invited lectures – Paper title and authors |
|--------------------|---|
| 9:15 | Movements symmetrization – effective method of injuries prevention, health strengthening and prolong sport carriere of athletes Włodzimierz Starosta |
| 9:45 – 10:15 | Effects of physical exercise and intake of hydroxytyrosol on redox status of exercised wistar rats Saad Al Fazazi, Rafael A. Casuso, Patrik Drid, Tatjana Trivić, Sergej M. Ostojić, Jesus R. Huertas |

10.15 – 10.30 – Coffee Break

10:30 – 12:30 Poster sessions Monday

Hall A Congress Centar Hotel Laguna Parentium****

MODERATORS: Olha Borysova, Bahman Mirzaei, Jerzy Sadowski, Patrik Drid, Dragan Milanović

| Time/Place | Paper title and authors |
|------------|---|
| A1 | Differences among Croatian coaches workload in different sports according to specific professional activities Dario Škegro, Dragan Milanović, Zrinko Čustonja |
| A2 | A longitudinal study of some anthropological characteristics of young water polo players Mladen Hraste, Petra Mandić Jelaska, Marin Kliškinjić |
| A3 | The mediator role of personal resources in the relationship between antecedents of stress and pre-competitive anxiety Valery Olefir |
| A4 | The kinesthetically creative behaviour: exploring the domain-specificity of creativity in the medium of movement Željko Rački |

| Time/Place | Paper title and authors |
|------------|---|
| A5 | Side movement differentiation in highly advanced competitors in selected kinds of track-and-field of exercises presented on competitions Włodzimierz Starosta , Urszula Włodarczyk, Łukasz Lamcha |
| A6 | Rhythm in serves and his influence on effectiveness of play in volleyball world elite athletes Włodzimierz Starosta , Włodzimierz Stronczyński, Łukasz Lamcha |
| A7 | Age differences among the Croatian female young pivots in the indicators of basic and handball-specific physical fitness <i>Lidija Bojić-Čaćić, Dinko Vuleta, Dragan Milanović, Valentin Barišić, Tonći Jerak</i> |
| A8 | Differentiation of muscular effort during stroke of high level billiard players on game surfaces with different friction coefficients <i>Viktoriiia Nagorna, Olha Borysova, Artur Mytko</i> |
| A9 | Evaluation of cascade influence of morphology and power abilities on performance of chosen exercise which methodically precedes jump-shooting technique in team handball <i>Igor Gruić, Ivan Vrbik</i> |
| A10 | Influence of choreography on the development of first-graders' coordination abilities Natalia Chuprun |
| A11 | Reliability of maximal anaerobic power estimation indicators during interval sprint testing for indoor team games <i>Michał Spieszny, Tomasz Klocek, Piotr Biel</i> |
| A12 | Previous physical education experiences and physical activity of adults Lidija Marković, Višnja Đorđić |
| A13 | Characteristics of injuries in youth soccer players participated in trainings of Soccer Academy Monika Nowakowska , Agata Konarska, Łukasz Czubaszewski, Paweł Kalinowski, Jakub Marynowicz, Katarzyna Jurdeczka, Jan M. Konarski |
| A14 | The effects of two different types of feedback on the performance of double back tuck somersault, after the round-off on the balance beam. <i>Tomasz Niżnikowski, Andrzej Mastalerz, Ewelina Niżnikowska, Michał Biegajło, Mariusz Buszta, Marta Nogal, Waldemar Wiśniowski</i> |
| A15 | Multisensory activity monitor accuracy during stairs climbing and stepping exercises Milka Caltanella |
| A16 | The effects of change in resistance training type on muscle power level of handball players <i>Piotr Biel, Mateusz Zubik, Tomasz Klocek</i> |

| Time/Place | Paper title and authors |
|------------|--|
| A17 | Vertical jump - correction of measurement errors in typical tests used for sport practice Tomasz Klocek, Michał Spieszny, Mateusz Zubik |
| A18 | Correlations between sports level and the level of selected muscle power parameters in handball players Mateusz Zubik, Piotr Biel, Michał Spieszny |
| A19 | Functional movement screen differences between male and female young triathletes Miguel García-Jaén, Sergio Sellés-Pérez, Roberto Cejuela, Juan M. Cortell-Tormo |
| A20 | The effects of whole-body cryostimulation on nitric oxide synthase in older marathon runners Jadwiga Szymura, Magdalena Wiecek, Marcin Maciejczyk, Jadwiga Kubica, Zbigniew Szygula |
| A21 | The effects of tissue flossing on perceived knee pain and jump performance: A pilot study Juan M. Cortell-Tormo, Miguel García-Jaén, Sergio Sellés-Pérez, Roberto Cejuela, Sergio Hernández-Sánchez |
| A22 | Respiratory parameters of two volleyball teams (professional and university team) Plavšić Jadranka, Al Riyami Shihab Aldin |
| A23 | Self - concept and sport performance level of candidates for enrollment at the Faculty of sport and physical education Darinka Korovljević, Zoran Milošević, Nebojša Maksimović, Radenko Matić, Irena Valentine, Dragan Marinković |
| A24 | Structure of physical fitness among young female handball players (trends of changes in 2007-2013) Sylwia Bartkowiak, Krzysztof Karpowicz, Małgorzata Karpowicz, Jan M. Konarski, Jarosław Janowski, Marta Skotnicka, Ryszard Strzelczyk |
| A25 | Traditional Karate as a Means of Shaping of Values, Lifestyle and Life Philosophy of Martial Arts Petr Skryja, Martin Zvonař |
| A26 | Pregnancy gaze behavior changes during locomotion Martin Zvonař, Marta Gimunová, Pavel Turcinek, Zdenko Reguli, Pavel Ventrubá, Jan Jurečka, Pavel Ruzbarsky, Igor Duvac |
| A27 | Usefulness of simultaneous measurement of heart rate and blood pressure to evaluation reliability of modified Ruffier's "test" Krystyna Anioł-Strzyżewska, Włodzimierz Starosta, Benedykt Opaszowski |
| A28 | Small-sided games versus interval training in adolescent soccer players: effects on agility and change of direction speed Nebojša Trajković, Dejan Madić, Marko Gušić |

10:30 – 12:40 Oral sessions Monday

Hall B, Congress Centar Hotel Laguna Parentium****

MODERATORS: Włodzimierz Starosta, Saad Al Fazazi, Lana Ružić, Danuta Umiastowska

| Time | Paper title and authors |
|-------|---|
| 10:30 | Polish Physicians' Reflection upon Health Ewa Kałamacka |
| 10:40 | A comparison of attitudes toward active video games according to Body Mass Index in primary school children Mia Masnjak, Zvonimir Kalčik, Željka Milić Pešec |
| 10:50 | Difference between athletes with or without knee hyperextension in body mass and height Martin Berisha, Saša Bašćevan, Josipa Antekolović |
| 11:00 | Physical activity of children aged 7-9 years in Republic of Croatia Slaven Krtalić, Maja Lang Morović, Dora Bukal, Sanja Musić Milanović |
| 11:10 | UTE MRI sequence as a recent option in the tendon and entheses imaging Dalibor Frančeski, Igor Borić |
| 11:20 | Recording human locomotion control using non-invasive electroencephalography Vjekoslav Galzina, Ivana Klaričić, Roberto Lujic |
| 11:30 | The stability of factors underlying sports talent Róbert Kandrác, Dalibor Dzugas, Pavol Čech, Peter Kačúr, Tomáš Perič |
| 11:40 | Examination of the relationships among visually impaired individuals' perspectives of serious leisure tranquility happiness and meaning in life Gaye Erkmén, Ezgi Ertuzun |
| 11:50 | Examining the Physical Education Lesson Sportsmanship Behaviors of Secondary School Students: Konya Province Example Selçuk Buğdaycı, Uğur Abakay |
| 12:00 | Age-related changes in vertical jump performance of young soccer players Sultan Harbili, Erbil Harbili, Asım Tunçel |
| 12:10 | Adaptation of coach-athlete attachment scale to Turkish: a pilot study Özlem Zengin, Hayri Demir |
| 12:20 | Kinematical analysis of successful and unsuccessful snatch lifts in female weightlifters Erbil Harbili, Sultan Harbili |

13:00 Lunch break (according to reservations of participants)

14.00 Excursion / City tour

19.00 Dinner (according to reservations of participants)

20.30 Formal social event - with music (hotel Laguna Parentium** lounge bar)**

Tuesday

June 26, 2018

8:15-9:45 Ringo competition (profesors, students...), volleyball court near Laguna Lounge
(please see map at the last page of the Program)

Hall A, Congress centar hotel Laguna Parentium****

10:45-11:45 Invited lectures

Moderators: Han C.G. Kemper, James S. Skinner, Morteza Jourkesh, Marko Stojanović

| Time | Invited lectures – title and authors |
|-------|--|
| 10:45 | Body composition, health and physical fitness: what is optimal level of fatness? Wiesław J. Osiński |
| 11:15 | Is physical activity the everlasting fountain of youth and health? (pilot project) Damir Knjaz, Robert Zekić, Nina Briški |

11.45 – 12.00 – Coffee break

12.00-13.00 Plenary presentations – Tuesday

Hall A, Congress centar hotel Laguna Parentium****

MODERATORS: Marija Rakovac, Han C.G. Kemper, James S. Skinner

| Time | Title and authors |
|-------|--|
| 12:00 | Physical movement and healing in alternative medicine: in perspective of sociology of leisure and mass culture Wojciech J. Cynarski |
| 12:10 | Effects of recreational volleyball on health markers in middle-aged men Nebojša Trajković, Dejan Madić, Slobodan Andrašić, Danilo Radanović |
| 12:20 | Endurance, resistance and combined training effects on selected health indicators in apparently healthy adults Malebogo Monnaatsie, Ignatius U. Onyewadume |
| 12:30 | Incidence of metabolic syndrome among former athletes Roberto Roklicer, Sunčica Poček, Izet Rađo, Tatjana Trivić, Sergej M. Ostojić, Patrik Drid |

| Time | Title and authors |
|-------|--|
| 12:40 | Muscle damage in intensive preparation period for elite wrestlers – biochemical assessment Antonio Đerek, Karninčić Hrvoje, Baić Mario |
| 12:50 | Injuries in karate trainers and their connection to former active karate training Emil Klarić, Petar Otković, Tihomir Vidranski |

12.00-13.20 Plenary presentations Tuesday

Hall B, Congress centar hotel Laguna Parentium****

MODERATORS: Dragan Milanović, Olha Borysova, Jan M. Konarski, Antonio Cicchella

| Time | Title and authors |
|-------|--|
| 12:00 | Effect of 4 weeks resveratrol intake on hematological parameters in recreational trained cyclists Antonio Cicchella, Andrea Sapone, Catherine Passariello, Matteo Canzano, Martina Turcato, Moreno Paolini, Claudio Stefanelli |
| 12:10 | The challenge of running Danijela Grgić, Vesna Babić |
| 12:20 | Motivation and psychological states in elite wrestlers Georgiy Korobeynikov, Lesia Korobeynikova, Olha Borysova, Natalia Dakal |
| 12:30 | Physiological profile of cheerleading adolescent girls in flying and basing positions Albina Andreeva, Erika Zemkova, Anatolij Shipilov, Sophia Volik |
| 12:40 | Objective assessment of gymnasts' dynamic posture using the functional movement screen Dalibor Kiseljak, Ivan Jurak, Ozren Rađenović |
| 12:50 | Construction and validation of measurement instruments for evaluation balance in judo Ivan Segedi, Marija Martina Glavaš, Hrvoje Sertić |
| 13:00 | Properties of some kinematic parameters in handstand technique in artistic gymnastic Kamenka Živčić Marković, Lucija Milčić, Tomislav Krističević, Nevenka Breslauer, Dan Lanc |
| 13:10 | Basic physical preparation of young gymnasts Tomislav Cug, Marko Brez, Ratko Vuković |
| 13:20 | Is it possible to improve postural stability in basketball during ten days? Dragan Marinković, Darinka Korovljev, Tijana Šćepanović, Borislav Obradović |

13:30 Lunch (according to the reservations of participants)

14.30-15:55

Poster sessions – Tuesday

Hall A, Congress center hotel Laguna Parentium****

MODERATORS: Włodzimirz Starosta, Saad Al Fazazi, Lana Ružić, Danuta Umiastowska, Dragan Milanović

| Time/Place | Paper title and authors |
|------------|--|
| A1 | Functional fitness of older women from Szczecin, Poland Danuta Umiastowska, Hanna Żółtowska |
| A2 | Changes in the physical development of school students aged 8–18 years from Szczecin, Poland Danuta Umiastowska |
| A3 | Do more behavioral risk factors increase the odds of having chronic diseases in young adults? A population-based study <i>Lovro Štefan, Goran Sporiš, Tomislav Krističević, Damir Pekas</i> |
| A4 | Evaluating injury risk in female karate athletes: bilateral and unilateral asymmetries of isokinetic strength Nebojša Trajković, Dejan Madić, Nebojša Maksimović, Zoran Milošević, Borislav Obradović, Nikolina Dimitrova, Patrik Drid |
| A5 | Changes in physical fitness in pre-school children involved in different forms of physical activity Danuta Umiastowska, Wioletta Szczepaniak |
| A6 | Sports recreation as a public need in sport of the city of Zagreb Janja Ricov, Vanja Blažun, Matea Matošević Hačić |
| A7 | Improving motor knowledge in preschool-aged children through the application of the polygon with obstacles and frontal form of work Karin Tijan, Zvonimir Tomac, Biljana Trajkovski |
| A8 | Starting school as a critical period for the establishment of postural disorders Tijana Šćepanović, Branka Protić-Gava, Dragan Marinković, Darinka Korovljev |
| A9 | Differences between two types of community and preschool environment on children's motor skills and abilities Mateja Deranja, Ivica Iveković, Sanja Šalaj |

| Time/Place | Paper title and authors |
|---------------|--|
| A10 | Assessment of the occurrence of excessive body weight and the level of physical performance among 8-9 year old schoolchildren in Szczecin's sports elementary schools <i>Joanna Ratajczak, Dominika Raducha, Elżbieta Petriczko</i> |
| A11 | Attitudes and knowledge of Croatian wrestling coaches towards supplements and doping <i>Ružica Zidar, Kristijan Slačanac, Nikola Starčević, Tomislav Mičuda, Marijo Baković</i> |
| A12 | Formation of value attitude towards own health in the process of tourist regional work <i>Kravchenko Tetiana Petrivna</i> |
| A13 | Effects of two different programs for improving motor fitness in preschool children <i>Špela Bogataj</i> |
| 15:55 – 16:10 | Coffee break |
| | Poster session continuation Hall A |
| A14 | Body mass differences and correlation with phase angle in athletes and non-athletes <i>Vesna Šeper, Nebojša Nešić</i> |
| A15 | The proportion of fffth grade non-swimmers in Požega-Slavonia county <i>Luka Janžić, Dražen Rastovski, Zvonimir Tomac, Jurica Lovrinčević</i> |
| A16 | Physical activity and the condition of bone tissue of students of the Faculty of Physical Education and Sport in Biła Podlaska <i>Barbara Długołęcka, Ewa Jówko, Andrzej Klusiewicz</i> |
| A17 | Physical activity and health in pregnancy: intensity and various types of activity and health behaviours <i>Justyna Krzepota, Dorota Sadowska</i> |
| A18 | Effect of exercises on selected rheological properties of blood of people with Parkinson's disease. <i>Jadwiga Szymura, Jadwiga Kubica, Joanna Gradek, Magdalena Wiecek, Elżbieta Mirek, Marcin Maciejczyk, Zbigniew Szygula</i> |
| A19 | The outcomes of comprehensive cardiac rehabilitation in CAD patients after CABG or PCI <i>Katarzyna Szmigielska, Anna Szmigielska-Kapłon, Anna Jegier</i> |
| A20 | The effects of a single anaerobic effort on the level of selected adipokines in the blood of women and men <i>Magdalena Wiecek, Jadwiga Szymura, Marcin Maciejczyk, Jadwiga Kubica, Zbigniew Szygula</i> |

| Time/Place | Paper title and authors |
|------------|--|
| A21 | Virtual reality exercise increases serum brain-derived neurotrophic factor level in elder people. A pilot study <i>Jadwiga Kubica, Jadwiga Szymura, Magdalena Więcek, Joanna Pera</i> |
| A22 | Blood oxidant-antioxidant status and markers of bone metabolism in trained and untrained men <i>Ewa Jówko, Barbara Długołęcka</i> |
| A23 | Cerebrovascular risk factors and social anamnesis after stroke <i>Branimir Filipović, Tatjana Trošt Bobić, Iris Zavoreo, Dubravka Ciliga, Lidija Petrinović, Goran Bobić, Vanja Bašić-Kes</i> |
| A24 | Characteristic of musculoskeletal injuries among drivers and co-drivers participating in different levels of motor race competitions <i>Katarzyna Jurdeczka, Monika Nowakowska, Agata Konarska, Sobieslaw Zasada, Jan M. Konarski</i> |
| A25 | Relationship between kick frequency, balance and flexibility, and anthropometric variables in kickboxing athletes <i>Jasminka Tomčić, Dubravka Sajković</i> |
| A26 | Method of informing students about student sports activities: case study Faculty of education in Osijek 2014-2018 <i>Tvrtko Galić, Sonja Keserac, Tihomir Vidranski</i> |
| A27 | Age, Educational and Gender Differences in Interest Towards Three Racquet Sports on a Sample of Middle-Aged Adults <i>Mario Oršolić, Petar Barbaros Tudor, Ksenija Bosnar</i> |
| A28 | Changes of the static balance level of canoeists in the training macrocycle <i>Jarostaw Janowski, Sylwia Bartkowiak, Krzysztof Karpowicz, Jan M. Konarski, Karolina Pielin, Ryszard Strzelczyk</i> |
| A29 | Reliability of maximal anaerobic power estimation indicators during interval sprint testing for indoor team game <i>Michał Spieszny, Tomasz Klocek, Piotr Biel</i> |

14.30-16:00 Plenary presentations- oral

Hall B, Congress centar hotel Laguna Parentium****

MODERATORS: Bahman Mirzaei, Vladimir Ljakch, Jan M. Konarski, Georgiy Korobeynikov

| Time | Title and authors |
|-------|---|
| 14:30 | Fitness manager's lifelong learning model Iztok Retar, Ana Bardorfer |
| 14:40 | The effect of developmental gymnastics on motor abilities pre-school children Aleksandra Spasić, Boris Popocić, Dejan Madić, Nebojša Trajković, Danilo Radanović, Ivona Dimitrov |
| 14:50 | Anthropological features and comparison of the best junior cadets water polo players Josip Deranja, Lovor Lozica, Ognjen Uljević, Nikola Prlenda, Zoran Špoljarić |
| 15:00 | Motor and functional abilities as predictors of playing position in young soccer players Petra Mandić Jelaska, Antonio Đerek, Goran Jelaska |
| 15:10 | The external validity analyses of attitude toward combat sports scale on male and female samples Franjo Prot, Boris Deković, Filip Šarić, Ksenija Bosnar |
| 15:20 | Efficiency of verbal and visual teaching method in adopting the elements of basketball Andelka Knezović Svetec, Denis Klaus |
| 15:30 | The effect of garlic supplementation on inflammatory and enzymatic indices of oxidative stress response after an incremental aerobic and resistance exercise in young inactive females. Bahman Mirzaei, Hamid Arazi, Farhad Rahmani Nia, Shahram Gholamrezaei |
| 15:40 | The connection between the number of won medals at the world and european football championships of european countries and the number of inhabitants, country size and GDP Stella Gotal, Andrija Mikša, Luka Milanović |
| 15:50 | Technical preparation for young elite gymnasts Marko Brez, Tomislav Cug, Aida Badić |

15:55 –16:10 Coffee break

16.10-19:00 **Plenary presentations – oral**

Hall B / Congress centar hotel Laguna Parentium****

MODERATORS: Olha Borysova, Wiesław J. Osiński, Han C.G. Kemper, James S. Skinner

| Time | Title and authors |
|-------------|--|
| 16:10 | Effect of combined endurance-resistance training and soy extract supplementation on expression of eNOS gene in rats Morteza Jourkesh, Siros Choobineh, Ali Asghar Ravasi |
| 16:20 | Trainability of coordination motor abilities of team sport and martial arts athletes in the aspect of gender differences Vladimir Lyakh |
| 16:40 | Fit4Work: measurement and motivation for physical activity of people over 55 Robert Szeklicki |
| 16:50 | Sports Leisure time and its impact on health-related fitness among scholars Mohammed Zerf, Mohamed Madjarkherfane |
| 17:00 | Reliability and Validity of the Turkish Language Version of the Mental Skills Questionnaire Bülent Okan Miçooğulları, Rıdvan Ekmekçi, David John Edwards, Günay Yıldizer |
| 17:10 | Effects of biological maturation on body composition, muscular strength, and agility in female tennis players Mustafa Söğüt, Kübra Altunsoy, Ömer Barış Kaya, Leonardo G.O. Luz |
| 17:20 | Long-term effect of different physical activity levels on subclinical atherosclerosis in middle-aged men: a 25-year prospective study Wojciech Drygas, Katarzyna Szmigielska, Anna Jegier, Magdalena Kwaśniewska |
| 17:30 | The trend of postural disorders in early childhood Branka Protić - Gava, Željko Krneta, Tijana Šćepanović, Miroslav Smajić |
| 17:40-17:50 | Break |
| Moderators: | Georgiy Korobeynikov, Jan M. Konarski, Marko Stojanović, Morteza Jourkesh |
| 17:50 | Gender differences in the quality of functional movement patterns among 16-year-olds Josip Karuc, Mario Jelčić, Maroje Sorić, Marjeta Mišigoj-Duraković, Goran Marković |
| 18:00 | Trait Anxiety Levels of Elite Basketball & Football Referees: A Comparative Analysis Rıdvan Ekmekci, Bulent Okan Micoogullari, Gunay Yildizer |
| 18:10 | Maturity status, morphology and fitness discrepancies between higher and lower ranked prepubertal male tennis players Mustafa Söğüt, Ömer Barış Kaya, Kübra Altunsoy, Leonardo G.O. Luz |

| Time | Title and authors |
|-------|--|
| 18:20 | Maximal kick speed depending on the moment of maximum strength of flexor and extensor of knee after intermittent load in soccer <i>Jana Ižovská, Michal Dragijsk</i> |
| 18:30 | General assessment vs. individualization of training – the need to concentrate on individuals in team games <i>Jan M. Konarski, Krzysztof Karpowicz, Janowski Jarosław, Bartkowiak Sylwia, Ryszard Strzelczyk, Robert M. Malina</i> |
| 18:40 | Characteristics of internal loads in Female Hockey 5's – the new version of youth field hockey competition for U16 players <i>Jan M. Konarski, Agata Konarska, Mateusz Skrzypczak, Ryszard Strzelczyk, Robert M. Malina</i> |

19.00 Dinner (according to reservations of participants)

20.30 Formal social event – light dinner with music (hotel Laguna Parentium**** lounge bar)

Wednesday

June 27, 2018

Hall B

8:30 – 9:45 IASK General Assembly meeting – only for IASK members

10.00 - 10.30 Invited lectures

Hall A, Congress center hotel Laguna Parentium****

MODERATORS: Sanja Šalaj, Włodzimierz Starosta, Patrik Drid, Han C.G. Kemper

| Time | Invited lectures – title and authors |
|-------|---|
| 10:00 | Comparison of children and adults in their responses to exercise and adaptations to training James S. Skinner |

10.30 – 11.00 Coffee Break

11.00 - 12:00

- Closing ceremony
- Conclusions
- Young researcher's awards
- Official photo-shooting
- Ringo game awards

Final Program

General instructions

Venue

Hotel Laguna Parentium****
Zelena laguna, 52440 Poreč, 52440, Poreč

<https://lagunaporec.com/hotel-laguna-parentium-porec?bs=213>

REGISTRATION

All participants, including speakers who are presenting papers in the Scientific Programme, should register at the Registration desk at hotel Laguna Parentium on Sunday, June 24, 2018 in the period of 13:00 to 16:45.

All presenters are kindly asked to submit their presentations to the Technical Staff, located in the Speakers Room, not later than 30 minutes before the session beginning.

The Registration desk will be opened throughout the Conference according to the Scientific Program in Hall A and Hall B.

Registered participants are entitled to the following:

- Attend all Scientific Sessions
- Receive all official Conference materials
- Attend the Social Programme
- Coffee breaks during the Conference.

BADGE

All participants, accompanying persons and exhibitors are kindly requested to wear badges during the days of the Congress.

COFFEE BREAKS

Coffee will be served on the terrace of the Hotel Laguna Parentium.

INTERNET ACCESS

Free Internet access will be available throughout the Congress in the whole hotel area. Congress staff members are available to answer questions about the Congress programme, the location of lecture halls, rooms, breaks etc.

CURRENCY

The official currency in Croatia is Kuna (Kn).
One EURO is equal to approximately 7,3 kn.

ORAL PRESENTATIONS

All presenters according to the Scientific Program should be available at the lecture hall 15 minutes before the beginning of the session. Session moderators are kindly requested to be available in their respective lecture room at least 15 minutes before the beginning of their sessions, for the purpose of checking the facilities with the responsible technician and to finalize any arrangements with the speakers.

ALL ORAL PRESENTATIONS ARE SCHEDULED FOR 7-8 MIN (NOT MORE) + 2-3 MIN DISCUSSION. ACCORDING TO THAT PLEASE PREPARE YOUR POWERPOINT PRESENTATIONS.

INVITED LECTURES ARE SCHEDULED FOR 22-25 MIN + 5-8 DISCUSSION (NOT MORE).

SPEAKERS READY ROOM

PowerPoint presentations should be checked and previewed in the Speakers Ready Room. All participants are requested to give the PowerPoint presentation at the Registration desk in the afternoon the day before for the morning session and in the morning for the afternoon session.

All PowerPoint will be preloaded on a PC provided in the presentation room.

Speakers Ready Room is across the Hall A and will be opened throughout the conference.

CELL PHONES

Cell phones must be in silent mode in lecture rooms at all times.

POSTER SESSIONS

Every congress day (Monday and Tuesday) there is a special time slot for debated poster presentations: The authors are requested to be available at their posters during the respective time slot. The authors will be asked to give a short overview (2 min) on the topic of the poster.

Posters, preferably measuring 100 x 70 cm, will be on display during the Conference. They should be structured in the same manner as abstracts, and must be easily legible from a distance or at least 2 meters. All issues concerning posters (printing, displaying etc.) are responsibilities of authors.

The posters will be exhibited in Hall A. The poster number will be assigned on the top of the poster board. For poster presentations scheduled for Monday posters should be put on Sunday evening from 19.00 till 20.30 or exceptionally on Monday morning from 8.00 till 9.00. The posters scheduled for Tuesday should be put on day before 19.00 till 20.30 or exceptionally on Tuesday 8.15 till 10.15.

Drawing pins, adhesive tape etc. will be available at the poster exhibition and assistants to the poster exhibition will be there to assist you.

Any poster not removed by scheduled time will be discarded.

YOUNG RESEARCHERS AWARD

All information about the criteria for Young Researchers Award can be found on the Conference web page <https://www.kif.unizg.hr/znanost/konferencije>, or at the Conference registration desk.

SOCIAL PROGRAMME

Sunday, June 24, 2018

20.30 Welcome cocktail – hotel Laguna Parentium** terrace**

Monday, June 25, 2018

14.00 Excursion / City tour / Swimming

20.30 Formal social event - with music - (Hotel Laguna Parentium** lounge bar)**

Tuesday, June 26, 2018

8:15-9:45 Ringo competition (Profesors, students...), volleyball court near Laguna Lounge (please see map at the last page of the Program)

20.30 Formal social event – light dinner with music - hotel Laguna Parentium** lounge bar**

For all further details about accommodation and transfer please contact Conference Technical organizer

Certitudo partner d.o.o. / Travel agency

Contact person:

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For all other information regarding Conference organization please contact:

Mrs. Natalija Babić

Conference Secretary

Mobile/Viber/WhatsApp: +385-91-5649487

or

Prof. Mario Baić, PhD

Organising Committee President

Mobil/Viber/WhatsApp: +385 91 254 9418



- FACILITIES**
- 1 HOTEL LAGUNA MEDITERRAN
 - 2 APARTMENTS & VILLAS LAGUNA BELLEVUE
 - 3 VILLA, APARTMENTS & VILLAGE LAGUNA GALLOTT
 - 4 HOTEL LAGUNA PARENTHUM
 - 5 HOTEL LAGUNA MOUNDRIO
 - 6 HOTEL PLUM
 - 7 HOTEL LAGUNA GRAN VISTA

- 8 HOTEL LAGUNA EXTRA
- 9 HOTEL ZORNA
- 10 HOTEL LAGUNA AL BARROS
- 11 APARTMENTS ASTRA
- 12 HOTEL DEJFIN
- 13 MARENA PARENTHUM

- SERVICES**
- 🚗 TRAM STOP
 - 🚏 BUS STOP
 - 🚤 BOAT STOP
 - 🛒 MARKET / SHOP
 - 🚑 FIRST AID
 - ♿ SEA ACCESS FOR DISABLED
 - 🏪 CHAPEL
 - 🚤 BOAT SERVICE
 - 🏧 ATM
 - 🏦 BANK
 - 🚗 RENT A CAR
 - 📧 POST OFFICE
 - 🧖 MASSAGE
 - 🧘 WELLNESS

- ENTERTAINMENT**
- 🎠 AMUSEMENT CENTER
 - 🎮 PLAYGROUND
 - 🏊 NIGHT SWIMMING
 - 📷 PHOTO POINT
 - 🎪 AQUA PARK
 - 🎤 DISCO THEQUE
 - 🌈 AQUACOLORS POREČ

- INFO**
- 📍 SUBMARINE
 - 🏞️ AQUA PARK
 - 📶 INFORMATION
 - 🏖️ BEACH WITH BLUE FLAG
 - 🅓 PARKING
 - 🚤 LINE BOAT

- SPORTS**
- 🏊 SPORT CENTER
 - 🚴 CYCLING TRAIL
 - 🎿 SKI LIFT
 - 🏹 DRIVING RANGE
 - 🐎 HORSE RING
 - 🚶 WALKING PATH
 - 🚲 RENT A BIKE
 - 🏊 INTERSPORT CENTER

- GASTRO**
- 🍷 LAGUNA *Laguna*
 - 🍽️ A LA CARTE RESTAURANT BACCHUS
 - 🍴 RESTAURANT
 - 🍸 BAR
 - 🥗 PATESERIE

